



Simplifying Student's Life

You should attend if:

- you are very concerned about your performance in exams/ interview etc
- You do well in class tests but go blank in exams
- Sitting for studies and then focusing is big challenge for you
- You study but forget; memory is an issue
- you are feeling that you are not getting the results of your efforts as you deserve
- you are confused, stressed and nervous about your future

ACHIEVE SUCCESS WITHOUT STRESS

To help students appearing for exams.... enhance Focus, Confidence & Overcome fear and exam anxiety

In this half a day workshop you will learn:

- To Sharpen your focus and concentration
- To increase confidence, self esteem
- To Awaken your mind's full potential and enhance memory and recall
- To bring down anxiety during studies & written exams, viva, interview, group discussions etc.

This will help:

- you to shift your mental state, thoughts and emotions, into positive directions
- you to be calm, confident, relaxed & should stop pushing things for tomorrow
- you to improve performance at work, at studies and exams etc

Methodology:

Interactive Sessions to activate power of your subconscious mind and changing your beliefs through easy exercises. Very limited numbers of participants form a group



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