

DROP THE BAGGAGE FROM YOUR PAST

FAMILY CONSTELLATION WORKSHOP

GROUP HEALING SESSION



You Deserve to have a happier life!!!

**Join This Experiential Group Workshop.
Bring flow of love and fulfilment back to your
life where you are stuck or stagnant.**

- Improve your relationship with Self & family, career/business, money, health etc.
- Resolve misunderstandings and blocks in family relationships.
- Gain insight into professional conflicts
- Deal positively with severe illness and death
- Address parenting problems and painful family situations (i.e. divorce, single parenthood, miscarriage, infertility, abortion, adoption/custody)
- Break repetitive patterns of abandonment, abuse, accidents, betrayal, disconnection, dysfunction, loss, poverty etc.
- Uncover and heal reasons for physical and emotional suffering (i.e. migraine, asthma, eating disorders, obesity, grief, guilt, depression, anxieties, mental illness, suicidal tendencies, drug and alcohol abuse etc.)

What is Family Constellation

A Family Constellation is a three- dimensional group process that has power to shift generations of suffering and unhappiness. Many of us unconsciously “take on” destructive family patters of anxiety, depression, anger, guilt, grief, relationship issues, hinderance in growth, money challenges, and any illnesses as a way of belonging in our families. Bonded by a deep love, subconsciously, a child will often sacrifice his own best interests in a vain attempt to ease the suffering of a parent or other Family members.

Family Constellations allow us to break these patters so that we can live healthier, happier, more fulfilled lives. During Constellation, in a moment of insight, a new life course can be set in motion.

Call/ WhatsApp or email for Registration or more information.



RACHNA MURDESHWAR

Janaki Bungalow, 1st Floor, Plot no 17, Kshipra Society, Karve Nagar, Pune
9371029694 | rachna@mindmiracle.net | www.mindmiracle.net